

# ALLERFORD & SELWORTHY COMMUNITY HALL

Charity no. 304624

[www.allerfordandselworthyhall.co.uk/](http://www.allerfordandselworthyhall.co.uk/)

## NEWSLETTER JANUARY 2017

### Happy New Year to Everyone!



We still have room for two more people at the **Free NHS Health Checks** on January 19<sup>th</sup>. If you are aged 40 - 74 without a pre-existing condition, this is your chance to get your free midlife MOT. Refreshments will be available. To book, either contact Kathy or book on line at [health.smart@nhs.net](mailto:health.smart@nhs.net)

Are you ready for the **Jumble Sale** on 21<sup>st</sup> January? The hall will be open on Wednesday 18<sup>th</sup> between 10 am and 12 noon to receive your jumble. We can also take jumble in all day Friday 20<sup>th</sup> but please call Kathy (see below) beforehand if coming on Friday so she can make sure the hall is open.



The first film of 2017 is **Absolutely Fabulous** on January 27<sup>th</sup>. We hope you will enter into the spirit of Ab Fab by bringing your own bottle of fizz (and maybe dressing the part?). Regretfully we can't provide the Bolly!

Just a reminder that **Yoga** begins on January 17<sup>th</sup>, Tuesdays 10.30-12 and Thursdays 6.30 – 8 Just drop in or call Angie on 01643 862 266 and **Tai Chi** begins on January 24<sup>th</sup>, 4-5pm. Also **Bingo** starts again on February 6<sup>th</sup>.

Finally, if you are planning to have a party or wedding, or any other event this summer, **please consider booking our hall**. The building has had many improvements over the past year and is now in excellent condition and well-equipped for any event. We also now have a top quality marquee enabling full use to be made of the grounds. And there is all that glorious scenery. What more could you want? Why not give us a call?

REGULAR EVENTS
<b>Bingo</b> – 1 <sup>st</sup> Monday of each month
<b>Yoga</b> - Tuesday 10.30 am – 12 noon And Thursdays 6.30 – 8pm
<b>Tai Chi</b> – Tuesday 4– 5pm
Book & Jigsaw Exchange & Craft Morning – Wednesday 10 am – 12 noon

FUTURE EVENTS	
19 January	Free NHS Health Check
21 January 2-4pm	Jumble Sale
27 January	Vale Cinema Ab Fab
11 March 10am – 4pm	Allerford Open Day & Spring Bulb Show.

To register interest or for more information on any of the above, call Kathy on 01643 862831 or mobile 07980 595 989

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